



## Measuring Spouse Responses to Pain

There are two parts to this questionnaire. Please read the directions for each part.

Part 1 Instructions: We are interested in how your spouse responds to you when he or she thinks you are in pain. Using the scale below, write in a number for each of the questions to indicate how often your spouse responded to you in that particular way, during the past 2 weeks, when he or she thought that you were in pain.

**0= Never    1= Rarely    2= Sometimes    3= Often    4= Always**

*During the past 2 weeks when my spouse thought that I was in pain, he or she...*

1 Got me my pain medication	
2. Seemed to criticize me more	
3 Tried to comfort me by talking to me	
4 Did some of my household chores	
5 Let me know that he/she was sorry that I was in pain	
6. Did not pay any attention to me	
7 Tried to reassure me	
8 Was affectionate with me (kissed or hugged me)	
9 Took over some of my job/household responsibilities	
10. Seemed to get irritated with me	
11 Tried to keep the tension, stress, or noise level down in the house	
12 Paid attention to me by listening to me	
13 Talked to someone for me (especially in difficult situation)	
14. Ignored me	

15 Gave me a massage	
16 Got me something to drink	
17 Cooked my favorite meal or took me out to dinner	
18. Seemed to get frustrated with me	
19 Made sure that others did not bother me	
20 Asked what he/she could do to help	
21 Got me something to eat	
22. Did not talk to me (gave me the silent treatment)	
23 Avoided asking me to do something for him or her (such as pick up the kids, put away dishes)	
24 Got me a pillow, blanket, or heating pad	
25 Called my doctor	
26. Avoided being physically affectionate with me (did not hug me or kiss me)	

**STOP—PLEASE CONTINUE TO THE NEXT PAGE AND READ THE DIRECTIONS**

Part 2 Instructions: *We are interested in how your spouse responds to you when you are working or engaging in some other kind of activity, such as exercising or doing household chores. Using the scale below, circle a number for each of the questions to indicate how often your spouse responded to you in that particular way; during the past 2 weeks, when you were being active.*

**0= Never    1= Rarely    2= Sometimes    3= Often    4= Always**

*During the past 2 weeks when my spouse thought that I was being active, he or she:...*

1 Seemed happy that I was more active	
2 Hugged or kissed me	
3. Told me that if I didn't stop now, I'd pay for it later	
4 Told me that he/she loves me	
5. Questioned my ability to do the activity	
6 Said nice things to me	
7. Told me to "slow down"	
8 Smiled at me	
9. Criticized me for being so active	
10 Told me that I was doing a good job	
11. Warned me that I might really hurt myself if I did too much	
12 Told others that I was doing well	
13. Seemed to worry about me because I was being so active	

*Thank you for taking this survey and providing valuable information toward the treatment of your spouse.*

For Office Use Only (do not give to patient)

### Part 1

Solicitous Responses to Pain Behavior	(1 3 4 5 7 8 9 11 12 13 15 16 17 19 20 21 23 24 25)/19 These numbers are in <i>italics</i> .	<b>Score:</b> Cutoff >2.79
Negative Responses to Pain Behavior	(2 6 10 14 18 22 26)/7 These numbers have a "." after each.	<b>Score:</b> Cutoff >1.33

### Part 2

Facilitative Responses to Well Behaviors	(1 2 4 6 8 10 12)/7 These numbers are in <i>italics</i> .	<b>Score:</b> Cutoff <2.19
Negative Responses to Well Behaviors	(3 5 7 9 11 13)/6 These numbers have a "." after each.	<b>Score:</b> Cutoff >2.03

This inventory is derived from the following research study.

Schwartz, Lauren, Mark P. Jensen, and Joan M. Romano. "The development and psychometric evaluation of an instrument to assess spouse responses to pain and well behavior in patients with chronic pain: The Spouse Response Inventory." *The Journal of Pain* 6.4 (2005): 243-252.

**Table 1. Reliability Coefficients and Means for the Final SRI Subscales**

<i>SUBSCALE</i>	<i>NO. OF ITEMS</i>	<i>INTERNAL CONSISTENCY*</i>	<i>STABILITY COEFFICIENT</i>	<i>MEAN RATING (SD)</i>
Spouse Responses to Pain Behavior Scales				
Solicitous (combined)	19	0.93	0.84	2.36 (0.85)
Negative	7	0.88	0.83	0.93 (0.80)
Spouse Responses to Well Behavior scales				
Facilitative	7	0.88	0.73	2.62 (0.86)
Negative	6	0.81	0.80	1.57 (0.91)

\*Cronbach  $\alpha$ .

Anyone scoring about .50 SD unit might be someone to look at more closely. Someone scoring a full SD unit about the mean would be expected to be more “extreme” and in need of a very close look.